

DAVID GLASGOW FARRAGUT
ELEMENTARY SCHOOL

24-25

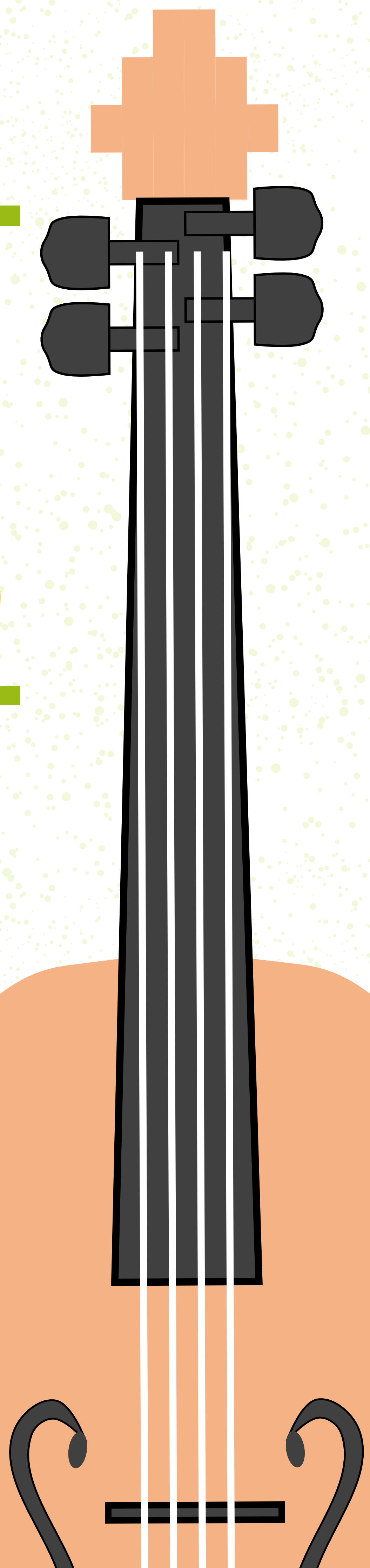
VIOLIN **CLUB**

MONDAYS AND TUESDAYS
2:35 PM - 3:20 PM

AFTER SCHOOL PROGRAM FOR
3RD, 4TH AND 5TH GRADE STUDENTS.

LIMITED SPOTS AVAILABLE.
SCAN THIS QR CODE WITH YOUR
SMARTPHONE TO SIGN UP!

LINK WILL BE ACTIVATED ON MONDAY SEPTEMBER 23, 2024 AT 0800.





September 16, 2024

Dear Parents/Guardians,

DGF Elementary School is pleased to inform that starting October 7th, the **Violin Club** will be part of the school's after-school programs. In addition to learning how to play the violin, students will develop their creativity, language and reasoning, stimulate their memory and increase their body coordination. While working as a team, students will also learn how to express their ideas and emotions, develop and fine-tune auditory skills, and spatial intelligence. All while having fun and performing music with their peers.

The violin club will be available for **3rd, 4th and 5th grade students**. Club will meet **once a week** from **2:35 p.m. to 3:20 p.m.** in the music classroom. The school will offer two sessions:

Session 1 - Mondays:

Students enrolled in 3rd, 4th or 5th grade with *prior violin knowledge and 1 or 2 years of experience* playing the instrument. Enrollment for this session requires teacher approval. Audition may be required.

Session 2 - Tuesdays:

Students enrolled in 3rd, 4th or 5th grade that have never played the violin, and are eager to learn, are welcome in this session. No prior violin knowledge or experience is required.

Spaces are limited and will be filled on a *first-come, first-served* basis. All instruments and materials for the club are provided by the school. If parents would like to purchase a personal instrument, please contact the music teacher for guidance.

Since this is an after school club, **parents are responsible for their child's transportation arrangements.** School buses will not be available to collect after-school club students. Punctuality is of utmost importance when picking up your child, tardiness will affect your child's club membership.

Please scan the following QR code with your smartphone or type/click on your web browser the following link to complete the application form. **Link will be activated on Monday, September 23, 2024, at 0800.** Students and parents will be notified on Friday, September 27, 2024 of enrollment results.

<https://forms.gle/C9Wgw1jEF7NfKr6d7>

Sincerely,

Nicole M. Cedeño
DGF ES Music Teacher
nicole.cedeno@dodea.edu

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LINK WILL BE ACTIVATED ON MONDAY SEPTEMBER 23, 2024 AT 0800.



MILITARY FAMILY LIFE COUNSELORS (MFLC) ARE OFFERING
FAMILY DEPLOYMENT SUPPORT GROUP



ONCE A MONTH

3RD THURSDAY OF THE MONTH

2:50 PM TIL 4:00 PM

DGF Elementary Library

OCT 17, 2024

NOV 14, 2024

DEC 19, 2024

Barbara Angstadt
641 482 865

and

Roneiko Henderson
624 262 856

Our Military Family Life Counselors (MFLC) are offering



LEMON CHAT

(formally known as LUNCH BUNCH)

Small groups 1st and 2nd grade meet on Mondays

9:55 – 10:35

10:45 -11:25

September 30, 2024 through December 16, 2024

January 6, 2025 through March 24, 2025

April 7, 2025 through June 2, 2025

Small groups 3rd and 4th and 5th meet on Tuesdays

10:05 – 10:45

10:50 – 11:30

11:35 – 12:05

October 1, 2024 through December 17, 2024

January 7, 2025 through March 25, 2025

April 8, 2025 through June 3, 2025

Small groups Kindergarten will meet on Thursdays

10:20 – 10:40

October 3, 2024 through December 19, 2024

January 9, 2025 – March 20, 2025

April 10, 2025 – June 5, 2025

***Commitment to both playground time and lunch time for the small group is required.**

***We must have MFLC Parent Consent Form on file for student to participate.**

Barbara Angstadt

641 482 865

and

Roneiko Henderson

624 262 856

Feeling Stuck and alone in Supporting Your Child's Mental Health?
(ex) Oppositional behaviors, attentional issues, depression, anxiety, substance concerns, trauma, stress related concerns, or general phase of life?

Join us Monthly for A Parent Support Group on

SUPPORTING YOU & YOUR CHILD'S MENTAL WELLNESS

Parents in this 1 hour 15 minute support group you will:

- Learn Ways to support yourself and your child around their mental health
- Discover some potential tools that may help both you and your child
- Recognize mental health "red flags" and what to do in those situations



- Learn strategies to discuss your child's mental health challenges in positive ways
- Improve your communication in your family
- Get support for your own stress in helping children with mental health challenges

Details:

When: First Wednesday of the Month

Time: 8:15 to 9:30

Starting September 4th

Where: EDIS Building Conference Room

Reserve your Space:

**Call EDIS Department and Reserve
Your Space 727-4029**

SEPTEMBER 2024

ROTA ELEMENTARY LUNCH

MONDAY 2



MONDAY 9

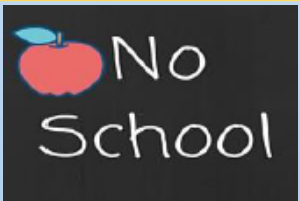
- (1) Teriyaki Chicken w/ Fried Rice OR
- (2) Pasta w/ Meatballs
- Variety of Fruits**
- Seasoned Green Beans
- Honey Glazed Carrots
- Choice of Milk

MONDAY 16

- (1) Chicken Nuggets OR
- (2) Lasagna - Roll w/ either entrée
- Variety of Fruits**
- Mashed Potatoes
- Honey Glazed Carrots
- Choice of Milk



MONDAY 23



MONDAY 30

- (1) Teriyaki Chicken w/ Fried Rice OR
- (2) Pasta w/ Meatballs
- Variety of Fruits**
- Seasoned Green Beans
- Honey Glazed Carrots
- Choice of Milk

TUESDAY 3

- (1) Chicken Alfredo OR
- (2) Turkey Club Sub
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Seasoned Corn
- Choice of Milk

TUESDAY 10

- (1) Chicken Parmesan w/ Roll
- (2) Ham and Cheese Sandwich
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Seasoned Corn
- Choice of Milk

TUESDAY 17

- (1) Hot Dog OR
- (2) Sloppy Joe
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Seasoned Corn
- Choice of Milk

TUESDAY 24

- (1) Chicken Alfredo OR
- (2) Turkey Club Sub
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Seasoned Corn
- Choice of Milk

WEDNESDAY 4

- (1) Nachos Supreme OR
- (2) Taco Salad
- Variety of Fruits**
- Seasoned Black Beans
- Shredded Lettuce + Tomato
- Choice of Milk

WEDNESDAY 11

- (1) Soft Tacos OR
- (2) Cheese Quesadilla
- Variety of Fruits**
- Seasoned Black Beans
- Shredded Lettuce and Tomato
- Choice of Milk

WEDNESDAY 18

- (1) Bean & Cheese Burrito
- (2) Chicken Fajitas
- Variety of Fruits**
- Seasoned Black Beans
- Shredded Lettuce and Tomato
- Choice of Milk

WEDNESDAY 25

- (1) Nachos Supreme OR
- (2) Taco Salad
- Variety of Fruits**
- Seasoned Black Beans
- Shredded Lettuce + Tomato
- Choice of Milk

THURSDAY 5

- (1) Bacon, Egg & Cheese Croissant OR
- (2) Hummus Snack Pack
- Variety of Fruits**
- Tater Tots
- Sliced Cucumbers
- Choice of Milk

THURSDAY 12

- (1) Chicken + Waffles OR
- (2) Grilled Cheese
- Variety of Fruits**
- Tater Tots
- Sliced Cucumbers w/ Ranch
- Choice of Milk

THURSDAY 19

- (1) Ham & Cheese Croissant OR
- (2) Breakfast for Lunch
- Variety of Fruits**
- Tater Tots
- Sliced Cucumbers
- Choice of Milk

THURSDAY 26

- (1) Bacon, Egg & Cheese Croissant OR
- (2) Hummus Snack Pack
- Variety of Fruits**
- Tater Tots
- Sliced Cucumbers
- Choice of Milk

FRIDAY 6

- (1) Pizza OR
- (2) Hamburger
- Variety of Fruits**
- Romaine Side Salad
- Roasted potatoes
- Choice of Milk

FRIDAY 13

- (1) Pizza OR
- (2) Hamburger
- Variety of Fruits**
- Romaine Side Salad
- Roasted potatoes
- Choice of Milk

FRIDAY 20

- (1) Macaroni + Cheese OR
- (2) Italian Meatball Sub
- Variety of Fruits**
- Romaine Side Salad
- Crinkle Cut Fries
- Choice of Milk

FRIDAY 27

- (1) Pizza OR
- (2) Hamburger
- Variety of Fruits**
- Romaine Side Salad
- Roasted potatoes
- Choice of Milk

MAKE A COMPLETE MEAL:

Entrees: Choose One

*Fruit: Choose One OR Two

*Vegetables: Choose One OR Two

Milk: Choose One

Must Choose a Fruit OR Vegetable

NOTE: Students are permitted **one complete meal**. Second meals are available at full price. Students who do not select at least 3 items with one being a fruit or vegetable will be charged full price.

SEPTEMBER 2024 ROTA UPK LUNCH

MONDAY 2



MONDAY 9

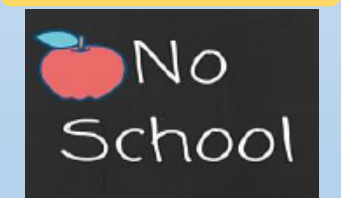
Pasta w/Meatballs
Variety of Fruits
 Seasoned Green Beans
 Honey Glazed Carrots
 Choice of Milk

MONDAY 16

Chicken Nuggets w/Roll
Variety of Fruits
 Mashed Potatoes
 Honey Glazed Carrots
 Choice of Milk



MONDAY 23



MONDAY 30

Pasta w/Meatballs
Variety of Fruits
 Seasoned Green Beans
 Honey Glazed Carrots
 Choice of Milk

TUESDAY 3

Chicken Alfredo
Variety of Fruits
 Seasoned Roasted Broccoli
 Seasoned Corn
 Choice of Milk

TUESDAY 10

Chicken Parmesan w/Roll
Variety of Fruits
 Seasoned Roasted Broccoli
 Seasoned Corn
 Choice of Milk

TUESDAY 17

Sloppy Joe
Variety of Fruits
 Seasoned Roasted Broccoli
 Seasoned Corn
 Choice of Milk

TUESDAY 24

Chicken Alfredo
Variety of Fruits
 Seasoned Roasted Broccoli
 Seasoned Corn
 Choice of Milk

WEDNESDAY 4

Nachos Supreme
Variety of Fruits
 Seasoned Black Beans
 Shredded Lettuce + Tomato
 Choice of Milk

WEDNESDAY 11

Soft Tacos
Variety of Fruits
 Seasoned Black Beans
 Shredded Lettuce & Tomato
 Choice of Milk

WEDNESDAY 18

Bean & Cheese Burrito
Variety of Fruits
 Seasoned Black Beans
 Shredded Lettuce & Tomato
 Choice of Milk

WEDNESDAY 25

Nachos Supreme
Variety of Fruits
 Seasoned Black Beans
 Shredded Lettuce + Tomato
 Choice of Milk

THURSDAY 5

Hummus Snack Pack
Variety of Fruits
 Tater Tots
 Sliced Cucumbers
 Choice of Milk

THURSDAY 12

Chicken + Waffles
Variety of Fruits
 Tater Tots
 Sliced Cucumbers
 Choice of Milk

THURSDAY 19

Breakfast for Lunch
Variety of Fruits
 Tater Tots
 Sliced Cucumbers
 Choice of Milk

THURSDAY 26

Hummus Snack Pack
Variety of Fruits
 Tater Tots
 Sliced Cucumbers
 Choice of Milk

FRIDAY 6

Hamburger
Variety of Fruits
 Romaine Side Salad
 Crinkle Cut Fries
 Choice of Milk

FRIDAY 13

Whole Grain Pizza
Variety of Fruits
 Romaine Side Salad
 Crinkle Cut Fries
 Choice of Milk

FRIDAY 20

Macaroni and Cheese
Variety of Fruits
 Romaine Side Salad
 Crinkle Cut Fries
 Choice of Milk

FRIDAY 27

Hamburger
Variety of Fruits
 Romaine Side Salad
 Crinkle Cut Fries
 Choice of Milk

UPK is served Family Style*
Family Style Mean:
 Children eat in their classrooms
 Everyone eats the same food
 Children serve themselves
Family Style Promotes:
 Physical, social and emotional development
 Decision making skills, Sharing

Menu subject to change based on availability

		AUGUST '24						
		S	M	T	W	R	F	S
9	New Parent Orientation					1	2	3
12	Teachers Report	4	5	6	7	8	9	10
16	Open-House	11	12	13	14	15	16	17
19	Students Report (K-5th)	18	19	20	21	22	23	24
		25	26	27	28	29	30	31

		FEBRUARY '25						
		S	M	T	W	R	F	S
14	Holiday						1	
17	President's Day	2	3	4	5	6	7	8
18	Teacher Training	9	10	11	12	13	14	15
		16	17	18	19	20	21	22
		23	24	25	26	27	28	

		SEPTEMBER '24						
		S	M	T	W	R	F	S
2	Labor Day	1	2	3	4	5	6	7
23	Teacher Training	8	9	10	11	12	13	14
3	Students Report (PreK)	15	16	17	18	19	20	21
		22	23	24	25	26	27	28
		29	30					

		MARCH '25						
		S	M	T	W	R	F	S
13	Teacher Training		3	4	5	6	7	8
26	Q3 Ends	9	10	11	12	13	14	15
27	Teacher Workday	16	17	18	19	20	21	22
28	Holiday	23	24	25	26	27	28	29
31	Spring Break	30	31					

		OCTOBER '24						
		S	M	T	W	R	F	S
10	Teacher Training			1	2	3	4	5
11	Holiday	6	7	8	9	10	11	12
14	Columbus Day	13	14	15	16	17	18	19
24	Q1 Ends	20	21	22	23	24	25	26
25	Teacher Workday	27	28	29	30	31		

		APRIL '25						
		S	M	T	W	R	F	S
1-4	Spring Break			1	2	3	4	5
11	Teacher Training	6	7	8	9	10	11	12
		13	14	15	16	17	18	19
		20	21	22	23	24	25	26
		27	28	29	30			

		NOVEMBER '24						
		S	M	T	W	R	F	S
7	Parent Conferences					1	2	
8	Parent Conferences	3	4	5	6	7	8	9
11	Veterans Day	10	11	12	13	14	15	16
28	Thanksgiving	17	18	19	20	21	22	23
27 - 29	Fall Break	24	25	26	27	28	29	30

		MAY '25						
		S	M	T	W	R	F	S
20	Teacher Training				1	2	3	
23	Memorial Day	4	5	6	7	8	9	10
26	Holiday	11	12	13	14	15	16	17
		18	19	20	21	22	23	24
		25	26	27	28	29	30	31

		DECEMBER '24						
		S	M	T	W	R	F	S
16	Teacher Training	1	2	3	4	5	6	7
23 - 31	Winter Break	8	9	10	11	12	13	14
		15	16	17	18	19	20	21
		22	23	24	25	26	27	28
		29	30	31				

		JUNE '25						
		S	M	T	W	R	F	S
10	Q4 Ends	1	2	3	4	5	6	7
11	Teacher Workday	8	9	10	11	12	13	14
19	Juneteenth	15	16	17	18	19	20	21
		22	23	24	25	26	27	28
		29	30					

		JANUARY '25						
		S	M	T	W	R	F	S
1	New Year's Day				1	2	3	4
1-3	Winter Break	5	6	7	8	9	10	11
16	Q2 Ends	12	13	14	15	16	17	18
17	Teacher Workday	19	20	21	22	23	24	25
20	MLK/Inauguration Day	26	27	28	29	30	31	
21	Parent Conferences							

Contact Information

Phone: 856-82-0220

DSN: 682-0220

	No School
	Early Release @ 1055
	Key Date

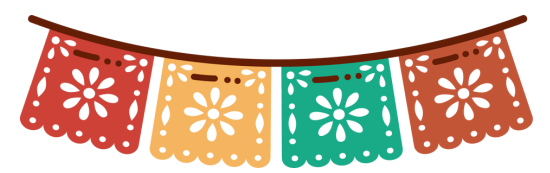
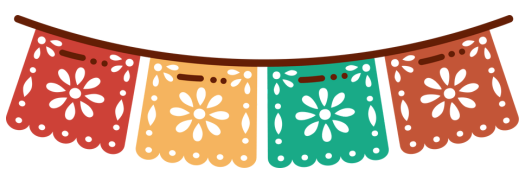
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<https://www.dodea.edu/RotaES/>

<https://www.facebook.com/RotaDGFe>



NOTE: Every Wednesday students are dismissed at 1:35 p.m. for teacher focused collaboration



SEPTEMBER

Hispanic Heritage Month

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 No School (Labor Day)	3 Preschool 1st Day of School Boo-hoo Breakfast for PreK Parents	4 Early Release @ 1:35 p.m.	5	6 Back-to-School Bingo Night @ 4:30 p.m. (MPB)	7
8	9 School Pictures (1st, 3rd & 5th Grade)	10 School Pictures (2nd & 4th Grade)	11 9/11 Ceremony @ 8:20 a.m. Early Release @ 1:35 p.m. School Pictures (PreK & Kinder)	12 School Pictures (Make-Ups)	13	14
15	16	17 Constitution Day	18 Early Release @ 1:35 p.m. BTS Craft Event @ 1:40 p.m. (MPB)	19	20	21
22	23 No School (Teacher Training)	24	25 Early Release @ 1:35 p.m.	26	27	28
29	30					