



dodea
EUROPE

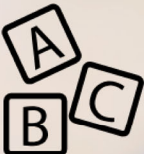
UNIVERSAL PREKINDERGARTEN

Phase One of DoDEA's Universal Prekindergarten program will begin in school year 2024-25! All Phase One primary schools in Europe will offer UPK, which is open to eligible military-connected children who turn 4 years old on or before Sept. 1, 2024.

About the program:



Learning standards support cognitive, language, social-emotional, and physical development



Play-based, hands-on



Family-style dining



Full-day

Learn more about UPK at
dodea.edu/upk

Registration now open!

The registration process is not compatible with mobile devices. Please use a computer to request an account and register.



<https://dodeasis.myfollett.com/aspen/logon.do>

Rota Elementary School

STEAM

Science-Technology-Engineering-Arts-Mathematics

**CALLING ALL SCIENCE, TECH, ENGINEERING, ART,
AND MATH ENTHUSIASTS OF THE TORO
COMMUNITY!**

**Wednesday
May 1**

5:00 - 7:00 p.m.

Dive into a world where education meets imagination at the **4th Annual STEAM Expo Family Night!** Whether you're a budding scientist, a tech guru, an innovative engineer, a creative artist, or a math whiz, we want you to share your passion with the bright minds at Rota Elementary School.

No idea is too big or too small, and if you need a spark of inspiration or any assistance, we're here to help.

**Let's Ignite Curiosity and
Foster the Joy of Learning
Together!**

For participation and more information, reach out to danielle.strutton@dodea.edu.

**Don't Miss Out On This Night
of Discovery and Fun — Be
Part of the S.T.E.A.M. Dream
Team!**



Feria Day at DGF ES
Wednesday, May 1st, 2024
Recital @ 2:00 pm
& at 5 pm for STEAM EXPO
Wear your feria outfit

ASIAN PACIFIC AMERICAN

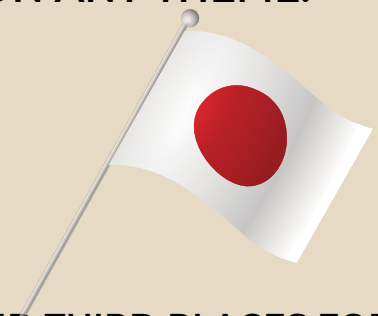
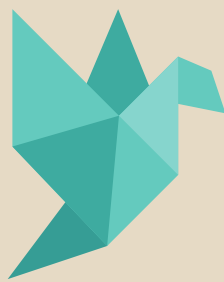
HERITAGE MONTH

TO CELEBRATE ASIAN-PACIFIC ISLANDER MONTH, DGF ELEMENTARY SCHOOL IS EXCITED TO INVITE K-5TH GRADE STUDENTS TO PARTICIPATE IN A CONTEST. THE DETAILS FOR EACH GRADE LEVEL ARE AS FOLLOWS:

K-1ST GRADE: MAKE A "FLAG" OF AN ASIA-PACIFIC ISLAND COUNTRY OF YOUR CHOOSING. THE SIZE OF THE POSTER SHOULD BE 8 ½ BY 10. PLEASE DON'T FORGET TO WRITE YOUR NAME AND GRADE/TEACHER ON THE BACK OF THE PAPER.

2ND-3RD GRADE: MAKE A BEAUTIFUL HOMEMADE LANTERN.

4TH-5TH GRADE: PARTICIPATE IN AN ORIGAMI CONTEST BY MAKING A PICTURE USING ORIGAMI ON ANY THEME.



THERE WILL BE PRIZES FOR FIRST, SECOND, AND THIRD PLACES FOR EACH GRADE LEVEL: 1ST PLACE - \$20 NEX GIFT CARD + BOOK 2ND PLACE - \$15 NEX GIFT CARD + BOOK 3RD PLACE - \$10 NEX GIFT CARD + BOOK

PLEASE TURN IN YOUR FLAG, LANTERN, OR ORIGAMI SCENE PICTURE BY THURSDAY, MAY 2ND, TO MS. CUBA IN ROOM 143. WINNERS WILL BE ANNOUNCED AND PRESENTED WITH THEIR AWARDS THE FOLLOWING WEEK. LET US ALL TAKE PART IN CELEBRATING THE RICH CULTURE AND DIVERSITY OF THE ASIAN-PACIFIC ISLANDER COMMUNITY TOGETHER!

**DAVID GLASGOW FARRAGUT
ELEMENTARY SCHOOL**

**2ND & 3RD GRADE SPRING
BIG DREAMS CONCERT**



**WEDNESDAY
MAY**

15

**MULTI-PURPOSE BUILDING
8:30 A.M. - 9:15 A.M.**



DAVID GLASGOW FARRAGUT
ELEMENTARY SCHOOL



4TH & 5TH GRADE *Spring Concert*



THURSDAY
MAY **16**

MULTI-PURPOSE BUILDING
8:30 A.M. - 9:15 A.M.

David Glasgow Farragut Elementary School
KINDERGARTEN & 1ST GRADE

MADE TO BLOOM

Spring Concert

FRIDAY * MAY 17, 2024

8:45 a.m. - 9:15 a.m.

Multi-Purpose Building



DAVID GLASGOW FARRAGUT ELEMENTARY SCHOOL

VIOLIN CLUB

Recital

WEDNESDAY

MAY 22, 2024

16:00 – 16:30

MULTI-PURPOSE BUILDING



What do you want to be
when you grow up?

Career

Dress Up Day

Friday, May 24

Dress up like the future you!



FACILITY CLOSURE

FRIDAY
MAY 10
2024

CYP

All Child and Youth Program facilities **will be closed** Friday, May 10 for a staff **In-service Training day**.

This includes the Child Development Center, School Age Care, Youth Center and YSF programs.

We apologize for any inconvenience





**SAVE THE DATE
MAY 30 2024**

HEALTH FAIR & SPORTS PHYSICAL RODEO

DGF GYMNASIUM

10 AM - 5 PM

AGES 8-18

**FOR ALL CHILDREN NEEDING
A SPORTS PHYSICAL
FOR SCHOOL YEAR 2024-25**



**FOR QUESTIONS CONTACT NAVAL HOSPITAL
MEDICAL HOMEPORT AT 956-82-3606**

MENTAL HEALTH ROADMAP

Are you feeling stressed and need help, but don't know where to start?

START HERE

Command: Naval Station Rota



EXPANDED OPERATIONAL STRESS CONTROL

Navywide peer-to-peer stress control program that provides resilience education and training that promotes early recognition and mitigation of stress-related problems.

Contact your E-OSC Team Leader:
Contact your Command



COMMAND CHAPLAINS

Chaplains provide more than spiritual counseling – talking to your Chaplain is 100% confidential, with no reporting requirements and no health record documentation.

Contact your Chaplain:
+34 956 82 2161 or 727 2161 / +34 639 101 864



MILITARY & FAMILY LIFE COUNSELING

MFLC provides non-medical counseling with flexible locations, no referral needed, no health record documentation, and minimal reporting requirements.

Contact your MFLC:
+34 624 368 371 / +34 722 144 636



INDEPENDENT DUTY CORPSMAN/GENERAL MEDICAL OFFICER

IDCs and GMOs can place referrals to embedded mental health, MTFs, and network providers for serious conditions or duty determinations. They provide medical management for most mental health concerns and can communicate with CO and other providers.

Contact your IDC or GMO:
Contact your Command



MILITARY ONESOURCE

Counseling for family, financial, stress, and coping skills with no referral needed and no health record documentation.

Contact Mil OneSource:
800-342-9647 or live chat on
www.militaryonesource.mil



FLEET AND FAMILY SUPPORT CENTER

Offers individual and couples life skills counseling, with no referral needed and no health record documentation.

Contact your FFSC:
+34 956 82 3232 / 727 3232



EMBEDDED MENTAL HEALTH

EMH can evaluate and treat mental health conditions with therapy and medication. EMH is authorized to determine fit for duty and to communicate diagnosis and plans with other providers and CO.

Contact your EMH:
Contact your Command



MILITARY TREATMENT FACILITIES

Provide inpatient psychiatry and emergency room services, group treatment, and comprehensive care; authorized to make military duty determinations and to communicate with other providers and CO.

Schedule an appointment:
+34 956 82 3618 / 727-3618



EMERGENCY ROOM

ERs are for life-threatening conditions; ie. the patient is a danger to self or others, or has become gravely disabled.



FFSC Virtual Clinical Counseling **CONNECT to GET CARE**

The Fleet and Family Support Center (FFSC) now provides in-person and virtual clinical counseling! Sailors and families can access virtual clinical counseling from the privacy of their own homes. Virtual clinical counseling is a nonmedical, clinical, short-term solution-focused service. It is available to individuals, couples and families.

Virtual clinical counseling helps with:

- Separation
- Grief
- Deployment
- Relocation
- Relationship issues
- Parent-child interactions
- Other challenges related to military and family life

To schedule an appointment, call 1-855-205-6749. If calling outside of regular business hours, leave a message. Your call will be returned within one business day. You can also scan the QR code below to link to a brief form to get started.

www.ffsp.navy.mil



APRIL 2024

Month of the Military Child (MOMC)

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|---------------------------------------|--------------------------------|---|-----------------|---------------------------------|-----|
| | 1 Quarter 4 Begins | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 MOMC Event Bingo Night | 13 |
| 14 | 15 Book Fair | 16 Book Fair | 17 Purple Up! Day MOMC Event Family/SEW Night Book Fair Night | 18 Book Fair | 19 | 20 |
| 21 | 22 No School (Teacher Training) | 23 EOY Assessment (Math) | 24 EOY Assessment (Math) Administrative Assistant's Day | 25 | 26 EOY Assessment (Math) | 27 |
| 28 | 29 | 30 | | | | |

APRIL 2024

ROTA ELEMENTARY LUNCH

MONDAY 1

- (1) Teriyaki Chicken w/ Fried Rice OR
- (2) Pasta w/ Meat sauce

Variety of Fruits

Seasoned Roasted Broccoli

Honey Glazed Carrots

Choice of Milk

MONDAY 8

- (1) Chicken Tenders w/ Roll OR
- (2) Lasagna w/ Roll

Variety of Fruits

Seasoned Roasted Broccoli

Honey Glazed Carrots

Choice of Milk

MONDAY 15

- (1) Teriyaki Chicken w/ Fried Rice OR
- (2) Pasta w/ Meat sauce

Variety of Fruits

Seasoned Roasted Broccoli

Honey Glazed Carrots

Choice of Milk

MONDAY 22

No School

MONDAY 29

- (1) Teriyaki Chicken w/ Fried Rice OR
- (2) Pasta w/ Meat sauce

Variety of Fruits

Seasoned Roasted Broccoli

Honey Glazed Carrots

Choice of Milk

TUESDAY 2

- (1) Chicken + Waffles OR
- (2) Fruit & Yogurt Parfait

Variety of Fruits

Oven Baked Tater Tots

Baby Carrots w/ Ranch

Choice of Milk

TUESDAY 9

- (1) Breakfast for Lunch OR
- (2) Ham and Cheese Croissant

Variety of Fruits

Oven Baked Tater Tots

Baby Carrots w/ Ranch

Choice of Milk

TUESDAY 16

- (1) Chicken + Waffles OR
- (2) Fruit & Yogurt Parfait

Variety of Fruits

Oven Baked Tater Tots

Baby Carrots w/ Ranch

Choice of Milk

TUESDAY 23

- (1) Breakfast for Lunch OR
- (2) Ham and Cheese Croissant

Variety of Fruits

Oven Baked Tater Tots

Baby Carrots w/ Ranch

Choice of Milk

TUESDAY 30

- (1) Chicken + Waffles OR
- (2) Fruit & Yogurt Parfait

Variety of Fruits

Oven Baked Tater Tots

Baby Carrots w/ Ranch

Choice of Milk

WEDNESDAY 3

- (1) Tacos w/ Spanish Rice OR
- (2) Cheese Quesadilla w/ Spanish Rice

Variety of Fruits

Pinto Beans

Taco Trimmings

Choice of Milk

WEDNESDAY 10

- (1) Chicken Burrito Rice Bowl OR
- (2) Hotdog

Variety of Fruits

Pinto Beans

Taco Trimmings

Choice of Milk

WEDNESDAY 17

- (1) Tacos w/ Spanish Rice OR
- (2) Cheese Quesadilla w/ Spanish Rice

Variety of Fruits

Pinto Beans

Taco Trimmings

Choice of Milk

WEDNESDAY 24

- (1) Chicken Burrito Rice Bowl OR
- (2) Hotdog

Variety of Fruits

Pinto Beans

Taco Trimmings

Choice of Milk

THURSDAY 4

- (1) BBQ Chicken w/ Corn Muffin OR
- (2) Sunbutter & Jelly Sandwich

Variety of Fruits

Seasoned Green Beans

Mashed Potatoes

Choice of Milk

THURSDAY 11

- (1) Nachos Supreme OR
- (2) Grilled Cheese

Variety of Fruits

Seasoned Green Beans

Sliced Cucumbers w/ Ranch

Choice of Milk

THURSDAY 18

- (1) BBQ Chicken w/ Corn Muffin OR
- (2) Sunbutter & Jelly Sandwich

Variety of Fruits

Seasoned Green Beans

Mashed Potatoes

Choice of Milk

THURSDAY 25

- (1) Nachos Supreme OR
- (2) Grilled Cheese

Variety of Fruits

Seasoned Green Beans

Sliced Cucumbers w/ Ranch

Choice of Milk

FRIDAY 5

- (1) Pizza OR
- (2) Hamburger or Cheeseburger

Variety of Fruits

Romaine Side Salad

Baked Potato

Choice of Milk

FRIDAY 12

- (1) Macaroni + Cheese OR
- (2) Italian Meatball Sub

Variety of Fruits

Romaine Side Salad

Baked Potato

Choice of Milk

FRIDAY 19

- (1) Pizza OR
- (2) Hamburger or Cheeseburger

Variety of Fruits

Romaine Side Salad

Baked Potato

Choice of Milk

FRIDAY 26

- (1) Macaroni + Cheese OR
- (2) Italian Meatball Sub

Variety of Fruits

Romaine Side Salad

Baked Potato

Choice of Milk

MAKE A COMPLETE MEAL:

Entrees: Choose One

*Fruit: Choose One OR Two

*Vegetables: Choose One OR Two

Milk: Choose One

Must Choose a Fruit OR Vegetable

NOTE: Students are permitted one complete meal. Second meals are available at full price. Students who do not select at least 3 items with one being a fruit or vegetable will be charged full price.

2023-2024 Meal Prices

| | |
|-----------------------|--------|
| Grades K-5: | \$3.50 |
| Grades 6-12: | \$3.75 |
| Reduced (all grades): | \$0.40 |
| Sure Start: | Free |

Menu subject to change based on availability

APRIL 2024

SURE START LUNCH

MONDAY 1

Pasta w/ Meat Sauce
Variety of Fruits
 Seasoned Roasted Broccoli
 Honey Glazed Carrots
 Choice of Milk

MONDAY 8

Lasagna w/ Roll
Variety of Fruits
 Seasoned Roasted Broccoli
 Honey Glazed Carrots
 Choice of Milk

MONDAY 15

Pasta w/ Meat Sauce
Variety of Fruits
 Seasoned Roasted Broccoli
 Honey Glazed Carrots
 Choice of Milk

MONDAY 22

No School

MONDAY 29

Pasta w/ Meat Sauce
Variety of Fruits
 Seasoned Roasted Broccoli
 Honey Glazed Carrots
 Choice of Milk

TUESDAY 2

Chicken + Waffles
Variety of Fruits
 Oven Baked Tater Tots
 Choice of Milk

TUESDAY 9

Ham and Cheese Croissant
Variety of Fruits
 Oven Baked Tater Tots
 Choice of Milk

TUESDAY 16

Chicken + Waffles
Variety of Fruits
 Oven Baked Tater Tots
 Choice of Milk

TUESDAY 23

Breakfast for Lunch
Variety of Fruits
 Oven Baked Tater Tots
 Choice of Milk

TUESDAY 30

Chicken + Waffles
Variety of Fruits
 Oven Baked Tater Tots
 Choice of Milk

WEDNESDAY 3

Cheese Quesadilla w/ Spanish Rice
Variety of Fruits
 Pinto Beans
 Taco Trimmings
 Choice of Milk

WEDNESDAY 10

Hotdog
Variety of Fruits
 Pinto Beans
 Taco Trimmings
 Choice of Milk

WEDNESDAY 17

Cheese Quesadilla w/ Spanish Rice
Variety of Fruits
 Pinto Beans
 Taco Trimmings
 Choice of Milk

WEDNESDAY 24

Hotdog
Variety of Fruits
 Pinto Beans
 Taco Trimmings
 Choice of Milk

THURSDAY 4

Sunbutter & Jelly Sandwich
Variety of Fruits
 Seasoned Green Beans
 Mashed Potatoes
 Choice of Milk

THURSDAY 11

Nachos Supreme
Variety of Fruits
 Seasoned Green Beans
 Sliced Cucumbers w/ Ranch
 Choice of Milk

THURSDAY 18

Sunbutter & Jelly Sandwich
Variety of Fruits
 Seasoned Green Beans
 Mashed Potatoes
 Choice of Milk

THURSDAY 25

Grilled Cheese
Variety of Fruits
 Seasoned Green Beans
 Sliced Cucumbers w/ Ranch
 Choice of Milk

FRIDAY 5

Pizza
Variety of Fruits
 Romaine Side Salad
 Baked Potato
 Choice of Milk

FRIDAY 12

Italian Meatball Sub
Variety of Fruits
 Romaine Side Salad
 Baked Potato
 Choice of Milk

FRIDAY 19

Pizza
Variety of Fruits
 Romaine Side Salad
 Baked Potato
 Choice of Milk

FRIDAY 26

Macaroni + Cheese
Variety of Fruits
 Romaine Side Salad
 Baked Potato
 Choice of Milk

2023-2024 Meal Prices

| | |
|-----------------------|--------|
| Grades K-5: | \$3.50 |
| Grades 6-12: | \$3.75 |
| Reduced (all grades): | \$0.40 |
| Sure Start: | Free |

Sure Start lunch is served family style

Family Style Means:

- Children eat in their classrooms
- Everyone eats the same food
- Children Serves themselves

Family Style Promotes:

- Physical, social and emotional development
- Decision making skills
- Sharing

DGF Rota Elementary School | 2023-2024 CALENDAR

| | |
|--|---------------------|
| | No School |
| | Early Release @1105 |
| | Key Date |

14-18 Teacher Work Week (No School)
21 First Day of School (1st-5th)
28 First Day of School (K/PSCD)

| AUGUST '23 | | | | | | |
|------------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

| FEBRUARY '24 | | | | | | |
|--------------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | | |

16 Q3 Staff Training (No School)
19 Presidents' Day (No School)
23 End of Sure Start Trimester 2
26 Sure Start Teacher Workday

04 Labor Day (No School)
07 First Day of School (Sure Start)
18 Teacher Training

| SEPTEMBER '23 | | | | | | |
|---------------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

| MARCH '24 | | | | | | |
|-----------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

13 Teacher Training
21 End Quarter 3
22 Teacher Workday (No School)
25-29 Spring Recess (No School)

09 Columbus Day (No School)
10 Q1 Staff Training (No School)
19 End Quarter 1
20 Teacher Workday (No School)

| OCTOBER '23 | | | | | | |
|-------------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | 31 | | | | |

| APRIL '24 | | | | | | |
|-----------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

22 Q4 Staff Training (No School)

06 Parent Conferences
07 Parent Conferences/ Teacher Training
08 Parent Conferences/Teacher Training
10 Veterans Day (No School)
22 End of Sure Start Trimester 1
23 Thanksgiving Day (No School)
24 Fall Recess (No School)
27 Sure Start Teacher Workday

| NOVEMBER '23 | | | | | | |
|--------------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

| MAY '24 | | | | | | |
|---------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

14 Teacher Training
27 Memorial Day (No School)
29 Last Day of School (Sure Start)
30 Sure Start Teacher Workday
31 HS Graduation

04 Q2 Staff Training
18-29 Winter Break (No School)

| DECEMBER '23 | | | | | | |
|--------------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

| JUNE '24 | | | | | | |
|----------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

05 End Quarter 4
06 Teacher Workday (No School)

01 New Year's Day (No School)
11 End Quarter 2
12 Teacher Workday (No School)
15 MLK Day (No School)
16 Semester 2 Begins
24 Parent Conferences/Teacher Training

| JANUARY '24 | | | | | | |
|-------------|----|----|----|----|----|----|
| S | M | T | W | Th | F | S |
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

CONTACT INFORMATION

Phone: 34-956-824-185/187
DSN Phone: 314-727-4185/4187

CHECK US OUT AT

<https://www.dodea.edu/RotaES/>

<https://www.facebook.com/RotaDGFes/>



NOTE: Every Thursday students are dismissed at 1:45 p.m. for teacher focused collaboration.

Revised -August 13th, 2023.