Rota Community Schools Family Night

Social Emotional Wellness (SEW)

The process of establishing and maintaining positive relationships as well as understanding and managing our emotions.

April 17, 2024

4:45





DGF Multipurpose Building (MPB)



















Resources, Education, Connections & Community
Rota Community Social Emotional Wellness Initiative

Join Us for an Unforgettable S.T.E.A.M. Experience!

Science | Technology | Engineering | Arts | Math

Toro Families and Community Members,

Are you a scientist, tech enthusiast, engineer, artist, or mathematician? Do you have a passion you'd love to share with the children of Rota Elementary School? We are on the lookout for enthusiastic presenters like you to showcase a unique S.T.E.A.M. activity at our upcoming 4th annual event on Wednesday, May 1st, from 5:00-7:00 pm.

The STEAM Expo Family Night is all about fun and learning – no judgement, just pure enjoyment! Some of our previous presenters wowed the crowd with activities such as:

- Dive into a bubble-blowing bonanza where kids decide on the perfect solution.
- Test your skills at building a balanced scale.
- Sink or float? Challenge yourself to build a foil boat that can hold the most pennies.
- Get creative with a Magnatile competition who can construct the tallest structure using geometric shapes?
- Dive into the world of colorful SLIME making.
- Race to the finish line with your very own Air Powered Race Car, and so much more!

Feel free to bring your own idea to life or let us assist you in finding inspiration! For any queries or assistance, please reach out to danielle.strutton@dodea.edu.

DATE: Wednesday, May 1st, 2024 TIME: 5:00 - 7:00 p.m.
LOCATION: Rota Elementary School

S.T.E.A.M.

Science *Technology *Engineering *Arts *Math

January 29, 2024

Dear DGF Families,

THANK YOU!

Are you a Scientist? Tech-savvy? An Engineer? An Artist? A Mathematician?

Are you willing to share your talents with the DGF Elementary School children? We are looking for presenters to present a STEAM activity of your own creation to families at our 4th annual STEAM event on **Wednesday, May 1st**, from 5:00-7:00 pm. Any presentations given during the STEAM Expo Family Night will not be judged.

Some fan favorites from past presenters include:

- A bubble-blowing station where kids decide which solution is the best
- Building a Balanced Scale
- Who can build the best foil boat? Fill it with pennies until it sinks.
- Magnatile competition: Who can build the tallest structure with geometric shapes?
- Making colorful SLIME
- Build an Air Powered Race Car, and MANY more.

Come up with your own idea OR let us help you find one! Please email danielle.strutton@dodea.edu with questions/concerns.

Please let us know if you are able and willing to help us provide an excellent night of educational fun by filling out the portion below, and sending it back to school with your child.

THE DGF STEAM COMMITTEE						
YES! I volunteer to present at STEAM night or	Wednesday,	May 1st, 2024.				
My activity is based in: (Please circle one)	Science	Technology	Engineering	Art	Math	
Parent Name / Student name ACTIVITY TITLE AND DESCRIPTION:	- Parent Em	ail				



ROTA SCHOOL LIAISON PROGRAM

Building 41, School Age Care (SAC)

Phone: +34-956-82-2425 DSN: 727-2425

SLPRota@us.navy.mil

March 2024

Upcoming School Liaison & Community Events

- Weekly SLO Down Radio Show on Thursdays @ 8:00
- April Month of the Military Child
- April 5 Homeschool El Bucarito "Goat" Farm visit Contact SLP for details
- April 6 Eggsplosion Easter Egg Hunt @ La Plaza
- April 17 Recruiting Volunteers to support Social Emotional Wellness (SEW) event @ 4:45 p.m.
- April 19 DGF Middle High School Wellness Fair from 12:00 p.m. to 3:00 p.m.
- > April 22 Teen Summer Hire event #1 @ SAC 9:30 a.m. 1:00 p.m. (Tentative)
- May 14 Teen Summer Hire Resume Writing & Interview Workshop @ 12:30 p.m. at the Youth Center
- > May 16-18 European Homeschool Conference, Armstrong Club, Vogelweh (near Ramstein), Germany
- ➤ May 30 Rota HS Sports Physicals for SY 24-25
- May 31 Graduation on the MHS Football Field @ 7:00 p.m.

Operation Purple Camp

Operation Purple® Camp offers military kids a free week of summer camp where they connect with other kids, just like them. At Operation Purple, we combine fun filled activities and targeted resources that support military kids to improve wellbeing, build connections, and equip them to thrive in the face of the challenges and adventures that come with military life.

Children of active-duty service members and veterans, from all uniformed services, including the National Guard, Reserve, Space Force, the Commissioned Corps of the United States Public Health Service, and National Oceanic and Atmospheric Administration may apply.

Operation Purple Camp - National Military Family Association

Service Academies & Other Summer Opportunities for High Schoolers

<u>West Point Summer Leaders Experience Summer Leaders Experience United States Military Academy</u> West Point This is a program for high school juniors.

<u>U.S. Naval Academy Summer Seminar :: Admissions :: USNA</u> This is a program for high school juniors.

<u>DoD HBCU/MI Summer Research Internship Program</u> Homepage - DoD HBCU/MI Summer Research Internship Program (dodhbcumiinternship.com)

Financial Aid & Scholarship Information

2024-25 Financial Aid and FAFS State Deadlines | Fastweb

Soft Launch of the 2024-25 FAFSA® Form | Federal Student Aid (Click Title for Direct Link)

Military Recruiting Information

<u>Military Recruiter Contact Information</u> – Due to travel restrictions (budget constraints), the military recruiters visit to Rota for the College & Career Fair was cancelled. They hope to visit later in the SY.

Air & Space Force Recruiting - Dustin Cunha - dustin.cunha@us.af.mil

Army Recruiting - SFC David Jenkins - david.a.jenkins113.mil@army.mil or DSN 314-483-6545

Army Recruiting - SFC Reid Biswell - reid.m.biswell.mil@army.mil or DSN 314-483-6545

Navy Recruiting - Zakary Cervone - zakary.d.cervone.mil@us.navy.mil or 0039-335-695-7336

Military Family Life Counselors - CYB

Military Family Life Counselors (MFLC) -

Military Family Life Counselors are available to provide broad-ranging support to military family members, children, youth and other adults who support them. Counselors all hold Masters and Ph.D. degrees and are available to perform situational, short term, problem-solving support available at no cost, and it is dedicated to augment existing military support services. All are available using WhatsApp Spanish Phone Number.

Yvonne Farley	+34-642-519-746	(CYP MFLC)
Shana Vargas	+34-624-285-707	(DGF MHS MFLC)
Doug Detwiler	+34-624-262-856	(Rota ES MFLC)
Nancy Pedagno	+34-641-482-865	(Rota ES MFLC)

Resources & AP Test Taking Webinars

Tutor.Com for Military Families

Tutor.com for U.S. Military Families (Tutor.com/military), funded by the U.S. Department of Defense (DoD) and Coast Guard Mutual Assistance (CGMA), is a program that allows eligible students in Kindergarten through college to connect to a live tutor online at any time (24/7/361) for one-to-one help with homework, studying, test prep and more, at no cost.

Military Interstate Children's Compact Commission (MIC3)

MIC3 is the governing body of the Interstate Compact on Educational Opportunity for Military Children or ICEOMC. Commission members include the 50 states, District of Columbia, and five ex-officio representatives – which include the US Department of Defense. The collaborative's mission, to ease the educational transitions of school-aged, military-connected students attending public schools and Department of Defense schools worldwide, also promulgates and enforces the compact rules. MIC3



ROTA .

MARCH

DATES PROGRAMS

THE STARS ARE LINED UP FOR MILITARY SPOUSES

TRANSITION WORKSHOP

March 4-8, 8 a.m.-4:30 p.m.

INTER-CULTURAL RELATIONS (ICR)

March 11-14, 8:30 a.m.-3 p.m. JOB INTERVIEW TECHNIQUES

10 STEPS TO A FEDERAL JOB

STRESS MANAGEMENT

PLANNING FOR RETIREMENT

TRANSITION WORKSHOP March 18-22, 8 a.m.-4:30 p.m.

INTER-CULTURAL RELATIONS (ICR) March 18-21, 8:30 a.m.-3 p.m.

EFMP TRAINING

THRIFT SAVINGS PLAN

JEREZ "HOLY WEEK PARADES" TOUR

6 p.m.-Midnight

12-26

BASIC SPANISH CLASSES March 12, 19, 21 and 26, Noon-1:30 p.m. **INTERMEDIAL SPANISH CLASSES** March 12, 19, 21 and 26, 10-11:30 a.m.







For any other class availability, please call us.



POSITIVE PARENTING



FOR PARENTS WITH CHILDREN **AGES 2-12 YEARS OLD**

Reinforce your child's positive behaviors

Develop a positive relationship with your child

Manage your child's challenging behavior

Four Sessions April 1, 8, 15, 22

- Navigating Parent Child Conflict. 4/1
- Staying Connected During Change. 4/8
- Collaborative Parenting. 4/15
- Helping Children Navigate Divorce. 4/22

Register Now:

AT FLEET AND FAMILY SUPPORT CENTER

For more information, please call 956 82 3232

NO Child Care Available

IN PARTNERSHIP WITH: Military and Family Life Counseling Program

24/7 NAVSTA Rota

646-407-871

FLEET AND FAMILY SUPPORT CENTER Hours: Monday-Friday, 8 a.m. - 4 p.m. 727-3232 (on base) and 956-82-3232 (off base) Located on the first floor of the Community Support Building #3293 Email: FFSC.Rota@eu.navy.mil

Sexual Assault Helpline

facebook.com/ffsc.rota







ART & ESSAY CONTEST

The annual Armed Services YMCA Art & Essay Contest gives military children a voice. It also serves as a reminder of the sacrifices military children, service members, and their families make for our country.

2023 ART & ESSAY THEME:

COURAGE

Whether it's the service member, military spouse, or military child, courage is one of the virtues that shapes military life. How has it shaped yours?



CONTEST INFO:

- Art contest open to children in grades 1-6.
- Essay contest open to grades 1–12.
- All participants must be the dependents of active duty, disabled, or retired members of the Armed Services, National Guard, or Reserves.
- · All submissions must be received by April 30, 2024

For full details and to enter this year's contest please go to:

asymca.org/contest







Apple iPad

to be awarded for each category and age range!

PLUS, A CHANCE AT THE GRAND PRIZE:

A family trip to see the Lt. Dan Band as Gary Sinise's special quest!

See website for rules and limitations.

ARMED SERVICES YMCA

14040 Central Loop, Suite B, Woodbridge, VA 22193 P 866-427-9622 | https://asymca.org



Are you feeling stressed and need help, but don't know where to start?

MENTAL HEALTH ROADMAP

START HERE

Command: Naval Station Rota



MILITARY & FAMILY LIFE COUNSELING

MILITARY& FAMILY LIFE COUNSELING

MFLC provides non-medical counseling with flexible locations, no referral needed, no health record documentation, and minimal reporting requirements.

Contact your MFLC:

+34 624 368 371 / +34 722 144 636

The Proof Franky Support Center

EXPANDED OPERATIONAL STRESS CONTROL

Navywide peer-to-peer stress control program that provides resilience education and training that promotes early recognition and mitigation of stress-related problems.

Contact your E-OSC Team Leader:

Contact your Command

COMMAND CHAPLAINS

Chaplains provide more than spiritual counseling – talking to your Chaplain is 100% confidential, with no reporting requirements and no health record documentation.

Contact your Chaplain:

+34 956 82 2161 or 727 2161 / +34 639 101 864



MILITARY ONESOURCE

ONL

Counseling for family, financial, stress, and coping skills with no referral needed and no health record documentation.

Contact Mil OneSource: 800-342-9647 or live chat on www.militaryonesource.mil



Offers individual and couples life skills counseling, with no referral needed and no health record documentation.

Contact your FFSC:

+34 956 82 3232 / 727 3232

INDEPENDENT DUTY CORPSMAN/ GENERAL MEDICAL OFFICER

IDCs and GMOs can place referrals to embedded mental health, MTFs, and network providers for serious conditions or duty determinations. They provide medical management for most mental health concerns and can communicate with CO and other providers.

Contact your IDC or GMO:

Contact your Command



EMBEDDED MENTAL HEALTH

EMH can evaluate and treat mental health conditions with therapy and medication. EMH is authorized to determine fit for duty and to communicate diagnosis and plans with other providers and CO.

Contact your EMH:

Contact your Command



MILITARY TREATMENT FACILITIES

Provide inpatient psychiatry and emergency room services, group treatment, and comprehensive care; authorized to make military duty determinations and to communicate with other providers and CO.

Schedule an appointment:

+34 956 82 3618 / 727-3618





EMERGENCY ROOM

ERs are for life-threatening conditions; ie. the patient is a danger to self or others, or has become gravely disabled.

Women's History Month
Disabilities Awareness Month
Music in Our Schools Month

MARCH 2024

SUN	MON	TUE	WED	THU	FRI	SAT
31	26 Spring Pictures (Kinder/First) Sure Start Teacher Workday	27 Spring Pictures (Second/Third) Sure Start P/T Conferences	28 Spring Pictures (PSCD/Fourth/Fifth) Sure Start P/T Conferences	29 Spring Pictures (Sure Start)	1	2
3	4 NAEP Assessment (4 Grade) Read Across DoDEA (Crazy Socks Day)	5 Read Across DoDEA (Crazy Hair Day)	6 NAEP Assessment (4 Grade) Read Across DoDEA (Pajama Day)	7 Read Across DoDEA (Wacky/Tacky Day)	8 Read Across DoDEA (Favorite Hat Day)	9
10	11	12 ELA Interim (3-5 grade)	13 Early Release @ 1105	14	15	16
17	18	19	20	21	22 No School (Teacher Training)	23
24	No School (Spring Break)	No School (Spring Break)	27 No School (Spring Break)	28 No School (Spring Break)	29 No School (Spring Break)	30



MARCH 2024 SURE START LUNCH

Sure Start lunch is served family style

Family Style Means:

- Children eat in their classrooms
- Everyone eats the same food
- **Children Serves themselves**

Family Style Promotes:

- · Physical, social and emotional development
- **Decision making skills**
- Sharing



Local Featured Recipe

Try something new today!

MONDAY 4

Pasta w/ Meat Sauce

Variety of Fruits

Seasoned Roasted Broccoli **Honey Glazed Carrots**

Choice of Milk

MONDAY 11

Lasagna w/ Roll

Variety of Fruits

Seasoned Roasted Broccoli **Honey Glazed Carrots**

Choice of Milk

MONDAY 18

Pasta w/ Meat Sauce

Variety of Fruits

Seasoned Roasted Broccoli Honey Glazed Carrots

Choice of Milk

MONDAY 25



TUESDAY 5

Chicken + Waffles

Variety of Fruits

Oven Baked Tater Tots

Choice of Milk

TUESDAY 12

Breakfast for Lunch

Variety of Fruits

Oven Baked Tater Tots

Choice of Milk

TUESDAY 19

Chicken + Waffles

Variety of Fruits

Oven Baked Tater Tots

Choice of Milk

TUESDAY 26



WEDNESDAY 6

Cheese Quesadilla w/ Spanish Rice Sunbutter & Jelly Sandwich

Variety of Fruits

Pinto Beans

Taco Trimmings

Choice of Milk

WEDNESDAY 13

Early Release-No Lunch Service

WEDNESDAY 20

Cheese Quesadilla w/ Spanish Rice **Variety of Fruits**

Pinto Beans

Taco Trimmings

Choice of Milk

WEDNESDAY 27



Menu subject to change based on availability

THURSDAY 7

Variety of Fruits

Seasoned Green Beans

Sliced Cucumbers w/ Ranch

Choice of Milk

THURSDAY 14

Grilled Cheese

Variety of Fruits

Seasoned Green Beans

Sliced Cucumbers w/ Ranch

Choice of Milk

THURSDAY 21



Variety of Fruits

Seasoned Green Beans Sliced Cucumbers w/ Ranch

Choice of Milk

THURSDAY 28



Sure Start: FRIDAY 1

Grades K-5:

Grades 6-12:

Macaroni + Cheese

Reduced (all grades):

Variety of Fruits

Romaine Side Salad

2023-2024 Meal Prices

\$3.50

\$3.75

\$0.40

Free

Crinkle Cut Fries

Choice of Milk

FRIDAY 8

Pizza

Variety of Fruits

Romaine Side Salad

Crinkle Cut Fries

Choice of Milk

FRIDAY 15

Macaroni + Cheese

Variety of Fruits

Romaine Side Salad

Crinkle Cut Fries

Choice of Milk



FRIDAY 29





MARCH 2024 ROTA ELEMENTARY LUNCH

MAKE A COMPLETE MEAL:

Entrees: Choose One

*Fruit: Choose One OR Two
*Vegetables: Choose One OR Two

Milk: Choose One

Must Choose a Fruit OR Vegetable

NOTE: Students are permitted one complete meal. Second meals are available at full price. Students who do not select at least 3 items with one being a fruit or vegetable will be charged full price.



Local Featured Recipe

Try something new today!

MONDAY 4

- (1) Teriyaki Chicken w/ Fried Rice OR
- (2) Pasta w/ Meat sauce

Variety of Fruits

Seasoned Roasted Broccoli Honey Glazed Carrots

Choice of Milk

MONDAY 11

- (1) Chicken Tenders w/ Roll OR
- (2) Lasagna w/ Roll

Variety of Fruits

Seasoned Roasted Broccoli Honey Glazed Carrots

Choice of Milk

MONDAY 18

- (1) Teriyaki Chicken w/ Fried Rice OR
- (2) Pasta w/ Meat sauce

Variety of Fruits

Seasoned Roasted Broccoli Honey Glazed Carrots

Choice of Milk

MONDAY 25



TUESDAY 5

- (1) Chicken + Waffles OR
- (2) Fruit & Yogurt Parfait

Variety of Fruits

Oven Baked Tater Tots Baby Carrots w/ Ranch Choice of Milk

TUESDAY 12

- (1) Breakfast for Lunch OR
- (2) Ham and Cheese Croissant

Variety of Fruits

Oven Baked Tater Tots Baby Carrots w/ Ranch Choice of Milk

TUESDAY 19

- (1) Chicken + Waffles OR
- (2) Fruit & Yogurt Parfait

Variety of Fruits

Oven Baked Tater Tots Baby Carrots w/ Ranch Choice of Milk

TUESDAY 26



WEDNESDAY 6

- (1) Tacos w/ Spanish Rice OR
- (2) Cheese Quesadilla w/ Spanish Rice

Variety of Fruits

Pinto Beans

Taco Trimmings
Choice of Milk

WEDNESDAY 13

Early Release-No Lunch Service

WEDNESDAY 20

- 2005
- (1) Tacos w/ Spanish Rice OR
- (2) Cheese Quesadilla w/ Spanish Rice

Variety of Fruits

Pinto Beans
Taco Trimmings
Choice of Milk

WEDNESDAY 27



Menu subject to change based on availability

THURSDAY 7

- (1) BBQ Chicken w/ Corn Muffin OR
- (2) Sunbutter & Jelly Sandwich

Variety of Fruits

Seasoned Green Beans Sliced Cucumbers w/ Ranch

Choice of Milk

THURSDAY 14

- (1) Nachos Supreme OR
- (2) Grilled Cheese

Variety of Fruits

Seasoned Green Beans
Sliced Cucumbers w/ Ranch

Choice of Milk

THURSDAY 21



- (1) Spanish Paella OR
- (2) Sunbutter & Jelly Sandwich

Variety of Fruits

Seasoned Green Beans
Sliced Cucumbers w/ Ranch
Choice of Milk

THURSDAY 28



2023-2024 Meal Prices

Grades K-5: \$3.50 Grades 6-12: \$3.75 Reduced (all grades): \$0.40 Sure Start: Free

FRIDAY 1

- (1) Macaroni + Cheese OR
- (2) Italian Meatball Sub

Variety of Fruits

Romaine Side Salad

Crinkle Cut Fries

Choice of Milk

FRIDAY 8

- (1) Pizza OR
- (2) Hamburger or Cheeseburger

Variety of Fruits

Romaine Side Salad

Crinkle Cut Fries

Choice of Milk

FRIDAY 15

- (1) Macaroni + Cheese OR
- (2) Italian Meatball Sub

Variety of Fruits

Romaine Side Salad Crinkle Cut Fries

Choice of Milk

FRIDAY 22



FRIDAY 29



DGF Rota Elementary School | 2023-2024 CALENDAR

No School Early Release @1105 Key Date

14-18 Teacher Work Week (No School)

- 21 First Day of School (1st-5th)
- 28 First Day of School (K/PSCD)

	,	AUC	SUS	Γ '2 3	3	
S	М	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

US	T '23	3				F	EBR	UAR	Y "	2
W	Th	F	S		S	М	T	W	Th	
2	3	4	5						1	
,	10	11	12		4	5	6	7	8	
6	17	18	19		11	12	13	14	15	
23	24	25	26		18	19	20	21	22	
30	31				25	26	27	28	29	

- 16 Q3 Staff Training (No School)
- 19 Presidents' Day (No School)
- 23 End of Sure Start Trimester 2
- 26 Sure Start Teacher Workday

04 Labor Do	oN) yc	School)
--------------------	--------	---------

- 07 First Day of School (Sure Start)
- 18 Teacher Training

	SI	PTE	MB	ER "2	23	
S	М	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

		MA	RCH	l '24	,	
S	М	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

- 13 Teacher Training
- 21 End Quarter 3
- 22 Teacher Workday (No School)
- 25-29 Spring Recess (No School)

09	Columbus	Dav	(No	School	١
0,	COMMINDOS	Duy	1110	3011001	

- 10 Q1 Staff Training (No School)
- 19 End Quarter 1
- 20 Teacher Workday (No School)

	C	CT	ОВЕ	R '2	3	
S	М	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

		AP	RIL	'24		
S	М	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

22 Q4 Staff Training (No School)

06 Parent Conferences

- **07** Parent Conferences/ Teacher Training
- **08** Parent Conferences/Teacher Training
- 10 Veterans Day (No School)
- 22 End of Sure Start Trimester 1
- 23 Thanksgiving Day (No School)
- 24 Fall Recess (No School)
- 27 Sure Start Teacher Workday

NOVEMBER '23								
S	М	T	W	Th	F	S		
			1	2	3	4		
5	6	7	8	9	10	11		
12	13	14	15	16	17	18		
19	20	21	22	23	24	25		
26	27	28	29	30				

MAY '24								
S	М	T	W	Th	F	S		
			1	2	3	4		
5	6	7	8	9	10	11		
12	13	14	15	16	17	18		
19	20	21	22	23	24	25		
26	27	28	29	30	31			

- 14 Teacher Training
- 27 Memorial Day (No School)
- 29 Last Day of School (Sure Start)
- **30** Sure Start Teacher Workday
- 31 HS Graduation

04 Q2 Staff Training

18-29 Winter Break (No School)

DECEMBER '23								
S	М	T	W	Th	F	S		
					1	2		
3	4	5	6	7	8	9		
10	11	12	13	14	15	16		
17	18	19	20	21	22	23		
24	25	26	27	28	29	30		
31								

JUNE '24							
S	М	T	W	Th	F	S	
						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30							

05 End Quarter 4

06 Teacher Workday (No School)

01 New Year's Day (No School)

- 11 End Quarter 2
- 12 Teacher Workday (No School)
- 15 MLK Day (No School)
- 16 Semester 2 Begins
- 24 Parent Conferences/Teacher Training

JANUARY '24							
S	М	T	W	Th	F	S	
	1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30	31				

CONTACT INFORMATION

Phone: 34-956-824-185/187 **DSN Phone:** 314-727-4185/4187



https://www.dodea.edu/RotaES/

https://www.facebook.com/RotaDGFes/

